

Sing It Or Wing It

410 Market St 37402-1203 · +14237579464 · Updated: Jan 14, 2026

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LET'S BEGIN WITH OUR NEWEST AWARD WINNING CREATIONS 13

Sriracha

\$14.00

A tantalizing, tongue twisting seasoning from Thailand, mixed with our special sauce

Berry Sriracha Cha Cha Cha

\$14.00

puts a little pep in your step with the sweetness of the blackberries and blueberries, and then bam, your throat is bleeding! Just kidding! The unique combination with Sriracha creates a surprisingly great flavor

Mango Habanero

\$14.00

Yes we did! And we did it with Old Smoky Moonshine, fresh Mangoes, Habaneros, and a whole lot of love!

Raspberry Chipotle BBQ

\$14.00

We created this sauce for a wedding we catered. It accompanied a pork loin, but it's so good, we put it on our wings

TN Whiskey

\$14.00

We love whiskey and we love the song, so we created a duet of flavor. We mix the state's best mash, a little molasses and our medium sauce

One Hit Wonder

\$14.00

It's so powerful, everybody may be "Kung Fu Fighting" to get the secret ingredients. Hint, it's a one-two punch of Asian BBQ sauce, Red Pepper, and a little more heat

Bring on the Pain

\$14.00

Straight up Hot Sauce!

Hurts So Good

\$14.00

Is our most popular. A medium sauce so you won't sing the Blues, although we Love the Blues

Wings

AVAILABLE OPTIONS

Also available- BBQ, Lemon Pepper, Teriyaki, Honey BBQ, Spicy BBQ, Spicy Honey BBQ, Blackened. Add \$1 for Spicy Lemon Pepper

- 10 Wings: \$14.00
- 20 Wings: \$26.00
- 30 Wings: \$35.00

Mild

AVAILABLE OPTIONS

If you can't take the heat then these are for you. They're sprinkled with our homemade wing rub, Smoked for hours and then grilled. Add a side item

- 10 Wings: \$14.00
- 20 Wings: \$26.00
- 30 Wings: \$35.00
- Fries: \$1.75
- Cajun: \$2.00
- Sweet: \$2.50
- Onion Rings: \$2.75

Spicy Teriyaki

\$14.00

Garlic Parmesan	\$14.00
Spicy Garlic Parmesan	\$14.00

OPENING ACT 14

The Supremes	AVAILABLE OPTIONS
Tortilla chips, topped with black bean salsa, seasoned ground beef, cheese, lettuce, sour cream, tomatoes, and jalapeños. It's enough to share with your "Baby Love"	\$14.00
	Add Chicken or Pork: \$3.00

Clint Black (Ened) (Rib-Eye Strips)*	\$13.00
If you're "Killin' Time", why not try our blackened rib-eye strips with horseradish sauce?	

B.B. Skins (Potato Skins)	AVAILABLE OPTIONS
Great for a late night snack if you have the "Midnight Blues" Potato skins topped with cheddar and pepper jack cheese, bacon, and sour cream	\$11.00
	If the "Thrill is Gone", Add Smoked Pork for:
	\$3.00

Put a Ring on it (Hand Dipped Onion Rings)	\$12.00
With this homemade Onion Ring, we view that the "Single Ladies" will fall "Drunk in Love", Served with Chipotle Ranch	

Skynyrd Pretzels (Soft Pretzel)	AVAILABLE OPTIONS
Ooh "That Smell" is distinct, but these soft pretzels covered with parmesan cheese sure hit the spot. Served with a side of marinara or have them seasoned with Cajun, Ranch, or Salt-n-Pepa	\$10.00
	Add Solo Pretzel: \$5.00
	Add Beer or Nacho Cheese Sauce: \$3.00

Reed Rolls (Southwestern Egg Rolls)	\$12.00
Take a "Walk on the Wild Side" with our Southwestern Egg Rolls. They're stuffed with chicken, black bean salsa and cheese. Served with Chipotle Ranch	

Jerry Lee (Homemade Chicken Balls)	\$12.00
Goodness gracious these "Great Balls of Fire" are made with two kinds of shredded cheese, onions, and hot sauce. Then we toss them in the deep fryer. Served with blue cheese	

Aretha Fried Okra (Hand Breaded Okra)	\$10.00
We are heartbroken she is no longer with us, but we will always "Respect" the Queen of Soul with one of our favorite dishes. Fresh okra, lightly breaded, fried, and seasoned. Don't be a "Chain of Foods" add Cajun seasoning	

Pickler Pickles (Hand Breaded Pickles)	\$9.00
Make it the "Best Day of Your Life" with a plate of fried pickles served with a side of chipotle ranch	

Grande Quesadilla	\$11.00
"Break Free" from the fried foods and "Moonlight" with our chicken Quesadilla. This flour tortilla, black bean salsa and melted cheese could make you a "Dangerous Women". Served with a side of sour cream	

Gretchen Gobblers (Pepper-Jack Cheese Balls)	\$9.00
Pepper Jack cheese cubes that will get you "All Jacked Up" with a side of marinara	

Go Go Bites (Broccoli Cheese Bites)

\$9.00

"We Got the Best" with this broccoli and cheese combo. Served with a side of ranch

Police Poppers (Pork Rinds)

\$6.00

If you have a "Dead End Job", try these hot poppin' Pork Skins to get you motivated. Get a hint of your favorite spice with "Every Breath You Take". Introducing Cinnamon-Sugar & Honey. Also available in Cajun, Ranch, and Salt-n-Pepa

Cyndi Chips 'N Salsa

\$5.00

They'll get you started "Time After Time"

SHOW TUNES 7

9 to 5 (Chef Salad)

\$13.00

This top heavy salad could make you look like "Backwoods Barbie", It's Iceberg lettuce covered with turkey, ham, cheddar, onions, tomatoes, cucumbers, bacon, eggs and croutons

Wicked (Chicken Caesar)

\$13.00

It's good versus evil with this classic grilled chicken Caesar salad. Have your chicken blackened to keep you "Dancing Through Life". Romaine lettuce served with blue cheese crumbles, parmesan, croutons, and Caesar dressing

Wicked Blackened Rib-Eye Caesar*

\$15.00

Side Caesar

\$6.00

Annie (Grilled Chicken Salad)

\$13.00

Let the grilled chicken, cheddar cheese, and your choice of dressing on iceberg lettuce, put you on "Easy Street". Served with tomatoes, onions, cucumbers, and croutons (Also available fried or blackened)

Mama Mia (Greek Salad)

\$13.00

A Greek salad that will make you a "Super Trouper" on stage. Romaine lettuce topped with cucumbers, feta cheese, onions, tomatoes, and black olives tossed in vinaigrette

Side Salad

\$6.00

Iceberg lettuce, cheddar, bacon bites, onions, cucumbers, tomatoes and croutons

BILLBOARDS HITS 12

Trashy Toby (Chilli, Bacon, Cheese Burger)*

\$14.00

"Gotcha Some" of this messy favorite served with Applewood bacon strips, chili, and "Courtesy of the Red, White, and Blue" American cheese

Bruce Buster (Mushroom Swiss)*

\$13.00

Let's take it back to the "Glory days" with this sautéed mushrooms and Swiss that was "Born in the USA". At least we think it was

Bold Bonnie (Plain Burger)*

AVAILABLE OPTIONS

This burger will give you "Something to Talk About"

\$12.00

Add Cheese in the "Nick of Time" for:

\$0.50

Talented Tina (Veggie Burger)	\$10.00
A veggie burger that's "Simply the Best" if you're working out to become a "Private Dancer"	
Kane's Kickin' Chicken (Boneless Wings)	AVAILABLE OPTIONS
Here's to the hometown kid making it big. We are naming our boneless wings after local singer Kane Brown. These five fried strips are a little bit of "Heaven", You might "Lose It" (in a good way) if you add one of our kickin' sauces	\$12.00 Three Chicks with Fry: \$6.00
Loveable Lauren (Chicken Wrap)	\$11.00
Lauren Alsha is "Doin Fine" taking the "Road Less Traveled" and singing big hits like "What Its" with Kane Brown. When Lauren stops by Sing It or Wing It, she has a grilled chicken wrap with cheese, bacon, lettuce, onion and ranch. Also blackened or fried	
The Fleetwood (Chicken Sandwich)	\$11.00
If you have "Dreams" of a great chicken sandwich. Wake up and try this grilled, fried or blackened	
Perfect Chicken Philly	\$14.00
We've made a wrong turn once or twice but we want to "Get the Party Started" with a "Perfect" Chicken Philly. It comes grilled, blackened or fried with sautéed onions and peppers. Swiss, Cheddar, American, Pepper Jack, or Smoked Gouda	
Elaborate Elton (Philly Cheesesteak)	\$14.00
Fell the "Philadelphia Freedom" with this classic cheese steak, served with sautéed peppers, onions, and lots of nacho cheese sauce on a hoagie roll	
Patti Melt*	\$12.00
This hamburger patty could give you a "New Attitude", topped with Swiss cheese and sautéed onions, served on rye bread	
Gladys Melt (Chicken Melt)	\$12.00
Before you catch the "Midnight Train to Georgia", try this grilled chicken breast topped with Swiss cheese and sautéed onions, served on rye	
Celine Wrap (Turkey Bacon Wrap)	\$12.00
Find "The Power of Love" in this turkey, bacon and ranch wrap. It's not "Alone", it also comes with lettuce, cheddar cheese, diced tomatoes and onions	

EXTRAS 5

Bacon	\$0.75
Feta, Blue Cheese or Smoked Gouda	\$1.00
Mushrooms	\$0.50
Peppers	\$0.50
Onions	\$0.50

MAIN STAGE 9

Cash Cow (Rib-Eye)*	\$22.00
We'll "Walk the Line" to make this 10 ounce rib-eye to your specifications. Available blackened, if you like the burn, burn, burn	
"Baby Got Back" Ribs	AVAILABLE OPTIONS
Smoked and grilled ribs brushed with BBQ, Spicy BBQ, or your choice of Sauce	Half Rack: \$22.00
	Full Rack: \$44.00
Queen Catch (Ahi Tuna Steak)*	\$18.00
It's a Simply Beautiful piece of Ahi Tuna steak grilled or blackened. Served with One Hit Sauce	
Darling Dolly (Salmon)*	\$18.00
There's "Something Fishy" going on with this healthy catch. We hope to reel you in with our grilled or blackened salmon from "Islands in the Stream". Served with Lemon Peppers	
Chicken Martina (Loaded Grilled Chicken)	\$17.00
'When God-Fearin' Women Get the Blues. They're "Blessed" to have this southern dish. Grilled chicken breasts with bacon, BBQ sauce and Swiss cheese	
Daring Diana (Chicken, Mushroom & Onions)	\$16.00
You may want to "Reach Out and Touch Someone" after dinning on this grilled chicken breast topped with mushrooms and onions	
Bessie's Barbecue Chicken (BBQ, Chicken)	\$16.00
Wash away the "Gulf Coast Blues" with this grilled barbecue chicken breast	
Aldean Explosion (Pulled Pork Dinner or Sandwich)	\$16.00
Combine smoked pork butt and a blast of BBQ sauce for 'My Kind of Party'	
Pork Sandwich with Slaw & One Side	\$9.00

SIDE STAGES 10

Gouda Mac-N-Cheese	\$5.00
Baked Potato	AVAILABLE OPTIONS
	\$4.50
	Loaded: \$2.00
	Pork: \$3.00
	Extra Sour Cream: \$0.50
Onion Rings	\$5.00
Okra	\$4.00
not Aretha	
Broccoli	\$4.00
Vegetable Medley	\$4.00
Slaw	\$3.50
Sauteed Mushrooms	\$4.00

French Fries	\$3.50
Cajun Fries	\$4.00

GRAND FINALE 7

Brass Monkey (Bananas, Chocolate, Cheesecake)	\$12.00
This is one Funky Monkey. We take chocolate cake, cheesecake, and bananas, then drop it in the deep fryer. Topped with whipped cream, chocolate syrup and bananas	
Alluring Adele (Deep Fried Cheese-Cake)	\$10.00
We're saving the "Best for Last" with this southern start on a New York favorite. We'll leave you "Rolling in the Deep" with this fried cheesecake topped with powdered sugar, chocolate and whipped cream	
Tempting Timberlake (Fried Chocolate Cake)	\$10.00
We' re bringing "Sexy Back" with this unique combination of chocolate cake, wrapped in a tortilla and fried to perfection. The end result could make you "Love Stoned"	
Luscious Lennox (Cheesecake)	\$9.00
"Sweet Dreams (Are Made of This)" This New York style Cheesecake will "Put a Little Love in Your Heart". Share it with a fried	
Handsome Harry (Beignets)	\$8.00
This New Orleans favorite is a "Recipe for Love" Beignets covered with powdered sugar and cinnamon	
Rowdy Rod (Chocolate Cake)	\$9.00
"Tonight's the Night" for your chocolate fix	
Diamond Deluxe (Fried Pretzel)	\$7.00
It's a new twist on an old favorite. A deep fried pretzel with cinnamon and sugar for your "Sweet Caroline"	

KIDS' BIRTHDAY PARTY 1

Kids' Birthday Party	\$7.00
Reserve your tables today! 2 hour maximum; Food packages available	

MENU ITEMS 17

Smoked and Grilled Wings
Smoked Pork Butt
Baby Back Ribs
Herb Crusted Pork Loin
Smoked Prime Rib
Smoked Ham
Smoked Gouda Mac N Cheese
Green Beans

Roasted Garlic Potatoes	
Rice Pilaf	
Slaw	
Shoe Peg Corn	
Potato Salad	
House Salad	
Summer Salad	
Meat and Cheese Trays	
Fruit Trays	

BUFFET 8

Wings	
Boneless Wings	
B.B. Skins	
Aretha Okra	
Pickler Pickles	
Chips N Salsa	
Sodas	
Condiments	

WEDNESDAY 2

Double Wells	\$5.00
Fish Bowls	\$6.00
from 4 to 8	

THURSDAY 1

Dollar Beer	
at 4	

FRIDAY 2

Shot	\$6.00
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Tall Boys

at 4

SATURDAY 2

\$1 Off Drafts

at 12

Sunday Funday	\$6.00
Fish Bowls	

CIDERS & MALTS 6

Angry Orchard	\$4.50
Hard Cider	
Diskan	\$5.00
Nashville Craft Cider	
Woodchuck	\$3.50
Hard Cider	
Mike's Hard Lemonade	\$4.00
Premium Malt	
Smirnoff	\$4.00
Premium Malt	
Strongbow	\$4.00
Hard Apple Cider	

SPECIALTY 18

Bud Light Lime	\$4.00
Bud Light Orange	\$4.00
Bud Light Platinum	\$4.00
Blue Moon	\$4.50
Dogfish IPA	\$4.50
Founders	\$4.00
Lagunitas IPA	\$4.00
Good Schist - Local	\$4.00
Omission	\$4.50
Magic Hat	\$3.50

Redd's Apple Ale	\$4.00
Shiner Bock	\$4.00
Shocktop Seasonal	\$4.00
Terrapin High Five	\$3.50
Tiny Bomb	\$4.00
Truck Stop Honey	\$4.00
Yee-Haw 80	\$4.00
Yee-Haw Dunkel	\$4.00

POPULAR 11

Bud Ice	\$3.50
Bud Light	\$3.50
Budweiser	\$3.50
Coors Light	\$3.50
Landshark	\$3.50
Michelob Light	\$3.50
Michelob Ultra	\$3.50
Miller High Life	\$3.50
Miller Lite	\$3.50
O' Douls	\$3.50
non-alcoholic	
Yuengling Light	\$3.50

TALL BOYS 4

Rolling Rock	
PBR	
Narragansett	
Natty Light - Strawberry / Lemonade	

IMPORT 15

Amstel Light	\$4.00
Amsterdam Lager	
Corona Light / Light	\$4.00
Mexican Pilsner	
Corona Premier	\$4.00
Low Crab	
Dos Equis	\$4.00
Mexican Lager	
Dos Equis Amber	\$4.00
Mexican Amber Lager	
Guinness	\$5.00
Irish Dry Stout	
Guinness Blonde	\$4.50
American Lager	
Heineken	\$4.00
Dutch Pale Lager	
Lindeman Framboise	\$8.50
Belgian Raspberry Lambic	
Oatmeal Stout by Samuel Smith	\$6.00
English	
Red Stripe	\$4.00
Jamaican Lager	
Stella Artois	\$4.00
Belgian Pale Lager	
St Pauli Girl	\$4.00
German Lager	
Chocolate Stout by Samuel Smith	\$6.00
Modelo	\$4.00
Pilsner-style Lager	

DRAFTS 12

Sing it or Wing it	\$2.00
Miller Lite	\$4.00
Bud Light	\$4.00
Yuengling	\$4.00

Sweetwater 420	\$4.50
Bells Two Hearted	\$4.50
Shocktop	\$4.00
Sam Adams - Seasonal	\$4.50
Angry Orchard	\$4.50
Coffee Stout	\$4.50
Tailgate IPA	\$4.50
Monthly Mystery Brew	
ask your server or bartender	

MONDAY & TUESDAY 1

Private Party with Buffet	\$15.00
Minimum 35 people; book your party (423) 757-wing	

SHOTS 21

Kamikazee	\$6.00
Vodka, Triple Sec, Lime Juice	
Blow Job	\$6.00
Irish Cream & Coffee Liqueur	
Scooby Snack	\$6.00
Coconut Rum, Melon, Pineapple Juice, Whipped Cream	
Alabama Slammer	\$6.00
Amaretto, Southern Comfort, Grenadine, Orange Juice	
Buttery Nipple	\$6.00
Irish Cream & Butterscotch	
Killer Kool Ade	\$6.00
Vodka, Amaretto, Cranberry	
Royal Flush	\$7.00
Crown, Peach, Cranberry	
Redheaded Slut	\$7.00
Jagermeister, Peach, Cranberry	
Chocolate Cake	\$7.00
Frangelico & Whipped Vodka	

Liquid Cocaine	\$7.00
Rumplemintz, Jagermeister, Gold Strike	
Washington Apple	\$7.00
Crown, Apple, Cranberry	
Lemon Drop	\$7.00
Vodka, Sugar, Lemon	
Cinnamon Toast Crunch	\$7.00
Rumchata & Fireball	
Brass Monkey	\$7.00
Coconut Rum, Bacardi 151, Pineapple	
Angry Balls	\$8.00
Fireball & Angry Orchard (pint glass)	
Bee Sting	\$8.00
Tennessee Fire & Jack Honey	
Jager Bomb	\$8.00
Jagermeister & Turbo	
Orange Bomb	\$8.00
Orange Vodka, Turbo, Orange Juice	
Vegas Bomb	\$9.00
Crown, Peach, Turbo	
Irish Car Bomb	\$9.00
Irish Whiskey, Irish Cream, Coffee Stout	
Four Horseman	\$10.00
Jack, Jim, Jose, Johnny	

FISH BOWLS 13

Margarita	\$9.00
Tequila, Triple Sec, Lime Juice, Sour Mix	
Electric Lemonade	\$9.00
Vodka, Blue Curacao, Sprite, Sour Mix	
Long Island	\$9.00
Vodka, Gin, Triple Sec, Rum, Tequila, Sour Mix, Splash of Coke	
Long Beach Tea	\$9.00
Vodka, Gin, Triple Sec, Rum, Tequila, Sour Mix, Splash of Cranberry	
Grateful Dead	\$9.00
Vodka, Gin, Triple Sec, Rum, Tequila, Raspberry, Sour Mix	

Sex on the Beach	\$9.00
Vodka, Peach, Orange and Cranberry Juices, Raspberry, Splash of Grenadine	
Sex on the Bay	\$9.00
Vodka, Peach, Pineapple and Cranberry, Juices, Raspberry, Splash of Grenadine	
Mudslide	\$9.00
Vodka, Coffee Liqueur, Irish Cream, Milk	
Leg Spreader	\$9.00
Coconut Rum, Melon, Sour Mix, Sprite	
Liquid Marijuana	\$9.00
Spiced and Coconut Rums, Blue Curacao, Pineapple Juice, Melon, Sour Mix	
Bahama Mama	\$9.00
Rum, Coconut Rum, Orange and Pineapple Juices, Splash Grenadine, Topped with Dark Rum	
Hurricane	\$9.00
Rum, Peach, Orange and Lime Juices, Splash Grenadine, Topped with Dark Rum	
Caribbean Splash	\$9.00
Spiced and Coconut Rums, Orange and Pineapple Juices, Sour Mix, Blue Curacao, Topped with Dark Rum	

WINE 7

Bota by the Glass	\$5.50
Kendall-Jackson Chardonnay	AVAILABLE OPTIONS
	\$8.50
	\$36.00
Chateau St Michelle Riesling	AVAILABLE OPTIONS
	\$7.00
	\$29.00
Blackstone Merlot	AVAILABLE OPTIONS
	\$6.00
	\$25.00
Carnivore Cabernet	AVAILABLE OPTIONS
	\$7.00
	\$29.00
Champagne	AVAILABLE OPTIONS
	\$5.00
	\$25.00
Mimosa	\$6.00
Champagne & Orange Juice	

BAREFOOT BY THE BOTTLE 5

Chardonnay	\$23.00
Moscato	\$23.00
White Zinfandel	\$23.00
Pinot Grigio	\$23.00
Merlot	\$23.00