

The Ten Top

748 Shirley Ave 23517-2006 · +17576225422 · Updated: Jan 14, 2026

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FRESH SALADS 5

California Cobb Salad

\$6.95

avocado, bacon & cukes on a bed of spinach & green leaf with homemade blue cheese dressing

Chicken Or Tuna Salad Cold Plate

\$6.95

chicken or tuna salad served with a small house salad & sliced cheese

House Green

AVAILABLE OPTIONS

a delightful blend of green leaf lettuce, seasonal veggies & croutons

S: \$2.50

L: \$6.95

Hummus & Bread

\$3.95

Bowl Of Soup Du Jour & Bread

\$3.95

homemade & delicious, just ask!

VEGETARIAN & SEAFOOD SANDWICHES 5

Tuna Cheddar Melt

\$6.95

fresh tuna salad & baked cheddar on a french baguette, toasted in the oven

Crab Cake Sandwich

\$7.49

eastern shore crab cake, lemon old bay sauce, lettuce & tomato on a sesame bun

Mediterranean Wrap

\$6.95

feta cheese, leaf lettuce, tomatoes, thin onion, cucumber slices & a greek vinaigrette are rolled in a delicious wheat wrap

Tomato Basil Mozzarella

\$6.95

a crusty french baguette with juicy sliced tomatoes, mozzarella cheese & a zesty basil vinaigrette, open faced & toasted

Toasted Curry Veggie Wrap

\$6.95

an interesting mix of eastern curried veggies & fruit roasted with india in mind

FLAT BREAD PIZZA 4

Chicken, Spinach & Feta Cheese

AVAILABLE OPTIONS

chopped spinach, feta cheese & mozzarella cheese are melted over tender chicken breast slices

\$6.95

Sub Tomatoes For Chicken: \$5.95

Fresh Tomato Mozzarella

AVAILABLE OPTIONS

tomato sauce, red roma tomato slices & mozzarella cheese with fresh basil & toasted garlic vinaigrette

\$6.95

The Kids Flat Just Sauce & Cheese:\$4.95

California Vegetable

\$6.95

spinach, shredded carrots, tomatoes, broccoli, chickpea spread & cheddar, healthy never tasted so good!

Rodeo

\$6.95

pork bbq rounded up w/ mozzarella cheddar hog tied w/ fresh slaw

MEATY SANDWICHES 5

Chicken, Apple Chutney, & Walnut Wrap

\$6.95

chicken breast, apple chutney, toasted walnuts, romaine lettuce, and melted mozzarella cheese in a honey wheat wrap

Pulled Pork Bbq Sandwich

\$7.49

a true labor of love..the hand pulled bbq sandwich with our homemade coleslaw on the bun or on the side

Grilled Turkey & Spinach

\$6.95

turkey, spinach & cheese..seasoned, grilled and baked in the oven to make a delicious flatbread sandwich!

Tomato Bacon Avocado Melt

\$6.95

grilled avocado, bacon, tomato and cheddar on sourdough bread

Turkey Apple Club

\$7.49

a carved breast of turkey with thin slices of sweet apple, white cheddar. leaf lettuce, tomatoes and mayo on a triple layer of cinnamon bread

DINNER 6

Caramelized Onion & Goat Cheese Veggie Lasagna

\$11.95

comfort food classic, made extra special with sweet caramelized onions, carrot, spinach & fresh basil

Indian Curry Pork Chop W/spinach & Raisin Rice Pilaf

\$13.95

curry rubbed pork chop w/ just enough indian kick served with a spinach & raisin rice pilaf, steamed veggies & a dab of apple chutney

Beef Meatloaf Dinner

\$11.95

rick's slightly addictive all beef meatloaf from last winter is back & with a vengeance ! served with steamed veggies & mashed potatoes

Pesto & Mozzarella Chicken

\$10.95

a pesto smothered chicken breast topped with mozzarella served with steamed veggies & either brown rice, pasta or mashers

Maryland Crab Cakes With Lemon Old Bay Sauce

\$12.95

2 maryland crab cakes with lemon old bay sauce on the side, served with seasoned brown rice & sauteed veggies

Pan Roasted Salmon

\$13.95

8 oz. of atlantic salmon pan roasted with apple chutney on the side, served with a fresh vegetables trio & brown rice

DESSERT 2

Bread Pudding **\$2.75**

Rich Chocolate Brownie **\$1.95**

DESSERT - COOKIES 4

Chocolate Chip **\$1.25**

Peanut Butter **\$1.25**

Snickerdoodle **\$1.25**

Oatmeal Raisin **\$1.25**
