

Cook E Jar Restaurant

100 W 2nd St 85122-4407 · +15208369294 · Updated: Jan 14, 2026

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STARTERS 3

Homemade Guacamole	\$5.99
served with crispy tortilla chips	
Bacon Wrapped Shrimp	\$7.99
served withn chipotle mayo	
Chili Con Queso	\$5.99
served with crispy tortilla chips	

DELICIOUS SOUPS 1

Delicious Soup	AVAILABLE OPTIONS
a delicious ever changing variety. all homemade in our kitchen. served w, tn homemade beer bread	Bowl: \$3.99
	Cup: \$2.99
	Side: \$1.59

SALADS 15

The Clucker	AVAILABLE OPTIONS
our very own chicken salad atop tossed greens, tomato, veggies, hard boiled egg. served with our own vinaigrette	Small: \$5.59
	Regular: \$6.99

The Fin	AVAILABLE OPTIONS
albacore tuna salad mixed with crunchy vegetables sitting on top of a fresh bed of greens, tomato and a hard boiled egg. served with our own vinaigrette	Small: \$5.59
	Regular: \$6.99

Cook-e-chef	AVAILABLE OPTIONS
fresh solad greens topped with chunks of turkey, swiss cheese, crunchy vegetables, crisp bacon, tomatoes and a hard boiled egg. served with your choice of dressing	Small: \$5.59
	Regular: \$6.99

The Mandarin	AVAILABLE OPTIONS
a wonderful combination of tossed greens topped with teriyaki chicken, almonds, mandarin oranges and crisp noodles. served with sesame oil dressing	Small: \$5.59
	Regular: \$6.99

Chicken Caesar Salad	AVAILABLE OPTIONS
chopped romaine lettuce and shredded parmesan topped with croutons, grilled chicken breast and creamy caesar dressing	\$6.99
	Caesar Salad Without Grilled Chicken:
	\$5.99

Maggie's Farmer Salad	AVAILABLE OPTIONS
tossed greens topped with all of our veggies, rosemary potatoes, bleu cheese, avocado and walnuts. served with balsamic vinaigrette dressing	\$6.59
	With Grilled Chicken: \$7.99
	With Grilled Shrimp: \$8.59

Spinach Salad	\$6.59
fresh spinach leaves, red onions, tomatoes and a hard boiled egg topped with bacon and crunchy french fried onions. served with our special raspberry vinaigrette	

Apple Walnut Chicken Salad	AVAILABLE OPTIONS
mixedgreens topped with tomatoes, red onions, walnuts, peppers and a scoop of apple walnut chicken salad on top. served with raspberry vinaigrette	Small: \$5.59
	Regular: \$6.99

Cobb Salad	\$8.59
this is a classic! tossed greens topped with grilled chicken breast, black olives, tomatoes, bacon, avocado, bleu cheese and hard boiled egg. served with your choice of dressing	

Fajita Salad	AVAILABLE OPTIONS
we start with mixed greens and add grilled chicken breast, pico de gallo, grilled onions and peppers, cheddar cheese and tortilla strips. served with salsa and guacamole	Chicken: \$7.99
	Steak: \$9.99

Jamaican Jerk Salad	\$7.99
tossed salad greens topped with crunchy veggies and a grilled spicy jamaican jerk seasoned chicken breast. served with your choice of dressing	

Thai Chicken Salad	\$7.99
this is a spicy one! we take tossed greens and top them with peppers, onions and chow main noodles then add a grilled chicken breast marinated in a thai chili garlic sauce topped with peanuts and a side of thai sauce. served with oriental dressing	

Garden Salad	AVAILABLE OPTIONS
tossed greens, onions, tomatoes and bell peppers topped with cheese and bacon. served with your choice of dressing	\$5.29
	Smaller Dinner Salad: \$3.29

Crab Salad	\$11.99
freshly mixed crab salad served over tossed greens. served with your choice of dressing	

Greek Salad	\$6.59
romaine lettuce, kalamota olives, feta cheese, artichoke hearts and tomatoes make up this greek classic. served with greek vinaigrette	

ENTREES 7

Grilled Chile Rubbed Salmon	\$12.99
salmon fillet with a garlic and chile powder rub. served with green chile rice	

Grilled Pork Medallions	\$12.99
topped with a raspberry chipotle sauce. served with garlic mashed potatoes	

Southwestern Chicken Cordon Bleu	\$10.99
stuffed with bacon, green chile and cheese. served with green chile rice	

Share An Entree	\$4.99
for the lighter appetite. split the entree with your own portion of the sides	
Flat Iron Steak	\$14.99
a 10 oz. cut topped with caramelized onions and jalapeno butter. served with garlic mashed potatoes	
Orange Tequila Shrimp	\$12.99
large shrimp sauteed in a garlic orange butter sauce with a splash of tequila. served with green chile rice	
Grilled Chicken With Green Chile Chilaquillas	\$10.99
crispy tortilla chips smothered with a creamy green chile sauce and cheese. topped with a grilled chicken breast. served with green chile rice	

PASTA 3

Spaghetti & Meatballs	\$7.99
served with red sauce	
Shrimp Diablo	\$12.99
fettuccine tossed with shrimp, fresh tomatoes, garlic, olive oil, red pepper flakes and assorted veggies of the day	
Fettuccine Alfredo	AVAILABLE OPTIONS
fettuccine with a creamy garlic parmesan sauce	
	\$7.99
	With Grilled Chicken: \$9.99
	With Grilled Shrimp: \$11.99

QUESADILLAS 3

Grilled Veggie Quesadilla	\$6.99
a vegetarian treat. grilled peppers, green chili, onions, olives, tomatoes, artichoke hearts and spinach tucked inside a folded cheese crisp	
Chicken Quesadilla	\$7.99
folded cheese crisp filled with grilled chicken breast, onions, olives and green chillies. served with a side of salsa	
Steak Quesadilla	\$9.99

LIGHTER APPETITE 3

Half Cold Sandwich With Cup Of Soup	\$5.59
half of any of our cold sandwiches with a cup of homemade soup	
Half Cold Sandwich With Green Salad	\$5.59
half of any of our cold sandwiches with a dinner salad or cup of our deli salad of the day	
Cup Of Soup / Cup Of Salad	\$5.59
a cup of our homemade soup with your choice of dinner salad or cup of deli salad of the day	

BUILD YOUR OWN BURGER 1

Your Choice Of Burger	\$6.99
we start with a 1/3 lb. hamburger patty grilled to perfection with our special sauce, catsup, pickles, onion, lettuce and tomato.	

PITA WRAPS 4

Western Fajita Steak Wrap	\$9.99
sirloin steak with salsa, cheddar cheese, guacamole, lettuce, grilled onions and peppers	
Western Chicken Wrap	\$8.59
grilled chicken with salsa, cheddar cheese, guacamole, lettuce, grillea onions and peppers	
Grilled Chicken Caesar Wrap	\$7.99
grilled chicken breast tossed with romaine, caesar dressing and parmesan cheese. wonderful!	
Veggie Wrap	\$6.59
fresh and grilled veggies with plenty of lettuce, mozzarella and guacamole	

GRILLED PIZZAS 5

Bbq Chicken Pizza	\$7.99
barbecue chicken breast, grilled onions, tomatoes and bacon bits	
Grilled Chicken Pizza	\$8.99
grilled chicken breast, grilled onions and peppers served with guacamole and sour cream	
Grilled Veggie Pizza	\$7.99
e add a harvest of grilled and fresh veggies served with guacamole and sour cream	
Thai Chicken Pizza	\$7.99
spicy thai chicken breast, red onions, cilontro, carrots, oriental dressing and peanuts	
Jerk Chicken Pizza	\$7.99
grilled chicken breast with jerk seasoning, spicy sweet and sour sauce, grilled onions and peppers. the cook's favorite	

SANDWICHES - COLD SANDWICHES 12

Turkey Sandwich	\$6.99
breast of turkey, swiss cheese, salad dressing, lettuce and tomato on whole wheat bread	
Ham & Cheese	\$6.99
smoked ham, swiss cheese, lettuce, tomato, honey mustard and salad dressing on whole wheat bread	
Roast Beef	\$6.99
tender and lean roast beef piled on sourdough bread with honey mustard and salad dressing. add a slice of swiss or colby if you wish	
The Grinder	\$7.59
ham, pepperoni, salami and provolone on ciabatta with all the trimmings. hot or cold!	
Cook-e-club	\$7.59
breast of turkey, crisp bacon, lettuce, tomato, salad dressing and swiss cheese on whole wheat. a hearty sandwich	

Traditional Club	\$7.59
a triple decker delight with turkey breast, smoked ham, bacon, salad dressing, lettuce and tomato on toast of your choice	
The B.I.t.	\$5.99
we load the bacon and tomatoes on this classic favorite. add a slice of swiss if you wish	
Chicken Salad Sandwich	\$6.99
white chicken meat, pineapple, crunchy celery, onion and almonds with a light touch of curry	
Tuna Salad Sandwich	\$6.99
the best white olbocore tuna with crunchy vegetables of contrast	
Egg Salad Sandwich	\$5.99
egg salad on your choice of bread with lettuce and tomato	
Veggie Sandwich	\$5.99
we start with cheese and add onions, tomatoes, green peppers, guacamole, sunflower seeds and lettuce	
Apple Walnut Chicken Salad Sandwich	\$6.99
tasty white meat chicken, apples and walnuts	

SANDWICHES - HOT SANDWICHES 10

Grilled Chicken Club	\$7.59
grilled chicken breast on a bun with bacon, provolone cheese, special sauce, lettuce and tomato	
Chicken Philly Cheesesteak	\$6.99
chicken breast grilled with onions and green peppers topped with provolone cheese on a french roll	
Turkey Burger	\$6.99
grilled turkey burger on a bun with our special sauce, lettuce, tomato, pickles and onion	
Portobella Mushroom Sandwich	\$7.99
grilled portobella mushroom marinated with balsamic vinaigrette with lettuce, tomato and guacamole on a whale wheat bun	
Philly Cheesesteak	\$6.99
thinly cut steak grilled with onions and peppers topped with provolone cheese on a french roll	
Reuben Sandwich	\$7.59
a traditional favorite. corned beef on rye grilled with sauerkraut and provolone cheese	
Steak Sandwich	AVAILABLE OPTIONS
grilled sirloin steak served open faced on a ciabatta roll with grilled onions and peppers	
	\$9.99
	Add Mushrooms:
	\$0.99
Ciabatta Chicken Sandwich	\$7.99
chicken breast on a ciabatta roll with pepperjack cheese, chipotle mayo, lettuce and tomato	

Southwestern Roast Beef	\$7.99
*&southwestern roast beef grilled roast beef on sourdough bread with green chile, lettuce, tomato and pepperjack cheese	
Cuban	\$7.99
this is the cook's fovorite. smoked pork, salami, horn and swiss cheese with our special cuban relish and mustard. grilled under a press "panini style"	

DESSERTS 5

Brownie Sundae	\$3.59
fudge brownie with vanilla ice cream and chocolate sauce	
Homemade Fudge Brownie	\$1.59
Assorted Fresh Baked Cookies	\$0.79
Cookies By The Dozen	\$7.59
Scoop Of Vanilla Ice Cream	\$1.59