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## SANDWICHES 9

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### Sweet Potato

Roasted sweet potato with avocado, Monterey jack, red bell pepper, red onion, sprouts and tahini-poppy seed spread on peasant white

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### Black Forest Ham

Black Forest ham, Swiss cheese, housemade dill pickles, and honey-Dijon mayonnaise grilled on rye

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### Hummus\*

homemade hummus with crunchy vegetables, sprouts and ginger-curry vinaigrette on multigrain. \*multigrain contains honey

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### Egg Salad

Ula's egg salad with fresh dill, peas and romaine on peasant white

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### Roast Beef

All-natural roast beef with Dijon mustard, maple-horseradish mayo, sharp white cheddar, caramelized onions and romaine on peasant white

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### Curried Tofu

Hearty curried tofu salad with locally-made tofu, green apple, scallions, raisins, cucumbers and sprouts on peasant white

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### Turkey

All-natural oven-roasted turkey with homemade guacamole, cherry hardwood smoked bacon and provolone on peasant white

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### Tuna Sandwich

A simple classic: chunk white tuna with sharp white cheddar cheese, romaine and mayo on peasant white

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### Pb&j Or Pb&h or Pb&n

Smooth peanut butter and raspberry jam, honey or nutella on peasant white (whole sandwich only)

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## SALADS 2

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### Garden Vegetable

Fresh garden vegetables on greens dressed with our house vinaigrette

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### Fruit And Nut

dried fruits and nuts with goat cheese on greens dressed with our house vinaigrette

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## AN ULA SALAD 3

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### Curried Tofu Salad

topped with toasted almond slivers

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### Egg Salad

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## Tuna Salad

## SOUPS 1

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### Soups

a revolving selection of hearty, made-from-scratch soups

## BAKERY 10

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### Popovers

### Muffins

### Scones

### Cupcakes

### Seasonal Tarts

### Puddings

### Brownies/bars

### Cakes

### Cookies

### Eclairs

## OTHER GOOD STUFF 6

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### Oatmeal

### Homemade Granola

### Hard-boiled Eggs

### Breakfast Sandwiches

### Strata (weekdays)

### Biscuits & Gravy (Sat & Sun)

## COFFEE AND TEA 25

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### Hot Drinks

Small-8oz-double shot, Small-8oz-double shot, Large-16oz-quad shot. Sizes and for espresso drinks, amount espresso per size

### Iced Drinks

Small-16oz-double shot, Large-24oz-triple shot

### Coffee

**Espresso**

**Depth Charge**

**Americano**

**Café Latte**

**Cappuccino**

**Macchiatto**

**Mocha Latte**

**Mochaccino**

**Spicy Mocha**

**Maté Mocha**

**Café au Lait**

**Hot Chocolate**

**Café Cubano**

**Chocolate Cubano**

**Tea Latte**

**Loose Leaf Tea**

**Simple Iced Tea**

**Fancy Iced Tea**

**Steamer**

**Chai Latte**

**Italian Soda**

**Lemonade**